

Circle: PRE
POST

PARENTING SCALE

SCORING KEY
For provider use only.

Caregiver Name or Client ID: _____ Date: _____
Provider Name and Agency: _____ County: _____
Triple P Intervention Level/Type (ex: Level 4 Standard or Group Teen): _____

Please submit the scoring key as part of the Level 4 or 5 evaluation packet to Triple P.

Instructions:

All 30 items are scored on a 7 point scale, with low scores indicating good parenting and high scores indicating dysfunctional parenting. There are three factors on the Parenting Scale: Laxness (LX), Over-reactivity (OR), and Hostility (HS). There are several items that are not on a factor (NF).

Items are listed below by factor and it is noted whether the "ideal" anchor is on the left (L) or the right-hand (R) side. **If the "ideal" anchor is on the left, the left anchor is scored 1. If the "ideal" anchor is on the right, scoring is reversed and the right anchor is scored 1 rather than 7.** For example, item 2 has a right anchor, so if the caregiver circled 6, it would be scored as 2. The total score is the sum of all items divided by 30. To achieve a factor score, sum the items in that factor and divide by the number of items in that factor.

*You may also use the scoring application from the Triple P Provider website.

The recommended clinical cut-off scores for the revised parenting scale are:

- Mothers: Laxness 3.6, Over-reactivity 4.0, Hostility 2.4; and Total Score 3.2.
- Fathers: Laxness 3.4, Over-reactivity 3.9, Hostility 3.5; and Total Score 3.2.

Sources: *The Parenting Scale (PS; Arnold, O'Leary, Wolff, & Acker, 1993); (Rhoades & O'Leary, 2007)*

ANCHOR

L = Score item by using the scale on instrument 1-7 from left to right

R = Score item by **reversing the scale** on instrument so that scale is 7-1 from left to right

Right Anchor Items: 2, 3, 6, 9, 10, 13, 14, 17, 19, 20, 23, 26, 27, 30

LAXNESS (LX)			OVER-REACTIVITY (OR)			HOSTILITY (HS)			NO FACTOR (NF)		
Item	Anchor	Score	Item	Anchor	Score	Item	Anchor	Score	Item	Anchor	Score
12	L	___	3	R	___	18	L	___	1	L	___
16	L	___	6	R	___	25	L	___	2	R	___
19	R	___	10	R	___	28	L	___	4	L	___
21	L	___	14	R	___	HS Sum =	___	5	L	___	
30	R	___	17	R	___			7	L	___	
LX Sum =		___	OR Sum =		___			8	L	___	
Factor Score =		___	Factor Score =		___			9	R	___	
(Sum ÷ 5)			(Sum ÷ 5)					11	L	___	
								13	R	___	
								15	L	___	
								20	R	___	
								22	L	___	
								23	R	___	
								24	L	___	
								26	R	___	
								27	R	___	
								29	L	___	
								NF Sum =		___	

TOTAL SCALE SCORE	
Total of Sums (LX Sum + OR Sum + HS Sum + NF Sum) =	___
Total Scale Score =	___
(Total of Sums ÷ 30)	

Strengths and Difficulties Questionnaire (SDQ)

Child Assessment Tool

1. Obtain a free download of the SDQ from:

English Versions:

[http://www.sdqinfo.org/py/sdqinfo/b3.py?language=Englishqz\(USA\)](http://www.sdqinfo.org/py/sdqinfo/b3.py?language=Englishqz(USA))

Spanish Versions:

<http://www.sdqinfo.org/py/sdqinfo/b3.py?language=Spanish>

Website View Below:

	<p>Single-sided version without impact supplement</p> <ul style="list-style-type: none"><input type="radio"/> One-sided SDQ for teachers and parents of 4-10 year olds<input type="radio"/> One-sided SDQ for teachers and parents of 11-17 year olds<input type="radio"/> One-sided SDQ for parents or educators of 2-4 year olds<input type="radio"/> One-sided self-rated SDQ for 11-17 year olds
PRE	<p>Double-sided version with impact supplement</p> <ul style="list-style-type: none"><input type="radio"/> P4-10 - SDQ and impact supplement for the parents of 4-10 year olds<input type="radio"/> P11-17 - SDQ and impact supplement for the parents of 11-17 year olds<input type="radio"/> P2-4 - SDQ and impact supplement for the parents of 2-4 year olds<input type="radio"/> T4-10 - SDQ and impact supplement for the teachers of 4-10 year olds<input type="radio"/> T11-17 - SDQ and impact supplement for the teachers of 11-17 year olds<input type="radio"/> T2-4 - SDQ and impact supplement for the educators of 2-4 year olds<input type="radio"/> S11-17 - SDQ and impact supplement for self-completion by 11-17 year olds
POST	<p>Follow-up version (the default is to ask about 'clinic visits': email youthinmind@gmail.com for versions asking about other interventions)</p> <ul style="list-style-type: none"><input type="radio"/> P4-10 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the parents of 4-10 year olds<input type="radio"/> P11-17 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the parents of 11-17 year olds<input type="radio"/> P2-4 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the parents of 2-4 year olds<input type="radio"/> T4-10 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the teachers of 4-10 year olds<input type="radio"/> T11-17 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the teachers of 11-17 year olds<input type="radio"/> T2-4 FOLLOW-UP - SDQ, follow-up questions and impact supplement for the educators of 2-4 year olds<input type="radio"/> S11-17 FOLLOW-UP - SDQ, follow-up questions and impact supplement for self-completion by 11-17 year olds

2. Score using on-line application and submit scoring key

<http://www.sdqinfo.org/py/sdqinfo/c0.py>

Website View Below:

youthinmind

[What is it?](#) [Questionnaires etc. View & Download](#) **[Scoring the SDQ](#)** [Uses](#) [SDQ vs other Q's](#) [Articles](#) [Norms](#)

Scoring the SDQ

- The fast SDQ scoring site** for online scoring and report generation.
- Instructions in English for **scoring informant-rated** SDQs by hand. Instructions in many other languages are also available, accessed through the page for that [language](#).
- Instructions in English for **scoring self-rated** SDQs by hand. Instructions in many other languages are also available, accessed through the page for that [language](#).

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Strength and Difficulties Questionnaire
SDQ

SCORING KEY
For provider use only.

Caregiver Name or Client ID: _____ Date: _____
 Provider Name and Agency: _____ County: _____
 Triple P Intervention Level/Type (ex: Level 4 Standard or Group Teen):

Please submit the report generated by the scoring application or this scoring key as part of the Level 4 or 5 evaluation packet to Triple P.

Instructions:
Score each subscale and total difficulties using the on-line scoring application and submit a printed copy of the summary report or enter the scores manually using the table below.
*The scoring application and ranges for interpretation of scores from the SDQ completed by the **parent** are available from: <http://www.sdqinfo.org/py/sdqinfo/c0.py>.*

Parent completed SDQ Scores		Original three-band solution cut-points 4-17 year olds		
SCALE	SCORE ↓	Normal Range	Borderline Range	Abnormal Range
Total Difficulties:	_____	0 – 13	14 - 16	17 - 40
Emotional Symptoms:	_____	0 - 3	4	5 - 10
Conduct Problems:	_____	0 - 2	3	4 - 10
Hyperactivity:	_____	0 - 5	6	7 - 10
Peer Problems:	_____	0 - 2	3	4 - 10
Prosocial Behavior:	_____	6 - 10	5	0 – 4
Impact:	_____	0	1	2-10